

Home-Start Camden
Family & Youth Resource Centre
7 Dowdney Close
London NW5 2BP
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VOLUNTEER PREPARATION COURSE OUTLINE

9.45 to 2.45

- DAY 1 Introductory Session**
Possible types of stress in family life
The role of the volunteer
- DAY 2 The role of the Volunteer and the Home-Start approach**
Confidentiality and Commitment
- DAY 3 Parenting and bring up children**
Family support and networks & links
Introduction to Listening Skills
- DAY 4 Listening skills and body language**
Boundaries & Assertiveness Skills
- DAY 5 Promoting and Valuing Diversity –**
Discussion and Review
- DAY 6 Personal Safety**
Outside speakers (H.V PND)
- DAY 7 Safeguarding Children (Outside trainer from CS& SC)**
- DAY 8 Bringing it all together/ CP follow up**
Support and supervision
Family Support Services (in Camden)
Endings

(Last Day - Bring lunch to Share)